

COLAC GOLF CLUB - HOT WEATHER POLICY

On Hot Days:

There are a number of factors that determine the dangers to a person's health on hot days and it is difficult to have a hard and fast rule in allowing play to proceed. The following will act as a guide for such determinations:

1. Warning on the start sheet for morning golfers.
2. Match Committee / Starter will consider conditions for the afternoon field at 11am.
 - a. If play is permitted, players will be given guidelines of care required – i.e. drinks, hats, sunscreen and umbrellas etc.
3. Play will be cancelled if player safety is deemed to be compromised.
4. Morning completed rounds will not be recorded and entry money will be refunded.

Consideration will be given to Event Cancellation when ambient temperature is greater than 36°C and relative humidity is greater than 30%.

Guidelines:

- Apply sunscreen with minimum SPF 30+.
- Wear a broad-brimmed hat and loose fitting clothing.
- Drink plenty of fluids – drinking water is available on the south side of the Proshop and also on the outside wall of the toilet block located at the Pony Club.
- Consider playing in the morning.

Treatment for Heat Exhaustion/ Stroke:

- Rehydrate ASAP.
- Remove restrictive clothing.
- Reduce core body temperature immediately by spraying water on body, water soaked towels or ice packs.
- Do not delay hospital treatment if in doubt.